

Cumberland HDRC: Your research support team

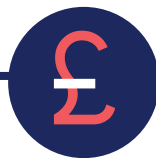
Develop your skills, expand your network and produce meaningful outcomes with tailored support every step of way.



Planning your project

Finding the right approach:

- Developing your question
- Refining your aims
- Choosing methods, data collection and data analysis
- Measuring success
- Drafting proposals



Finding funding and developing strong applications

- Identifying funding sources
- Help to draft a robust funding applications
- Reviewing applications before submission



Accessing existing evidence

- Accessing our datasets and existing evidence base
- Guidance on finding existing research and ways to interpret it



Connecting with others

- Finding the right networks, communities of practice and collaborations for you
- Connecting you with other researchers, Council contacts, academic partners and community organisations.



Training & skill development

- Our research skills training programme Turn Research Into Action
- Arrange bespoke training for your team
- Attending conferences and research events
- Research internships and fellowships
- Other opportunities available with NIHR



Designing effective evaluations

- Designing evaluation frameworks
- Applying principles and practical methods
- How to draft reports for the biggest impact, support change and review these



Email us at **HDRC@Cumbria.gov.uk** to discuss your ideas, needs, and how we can help