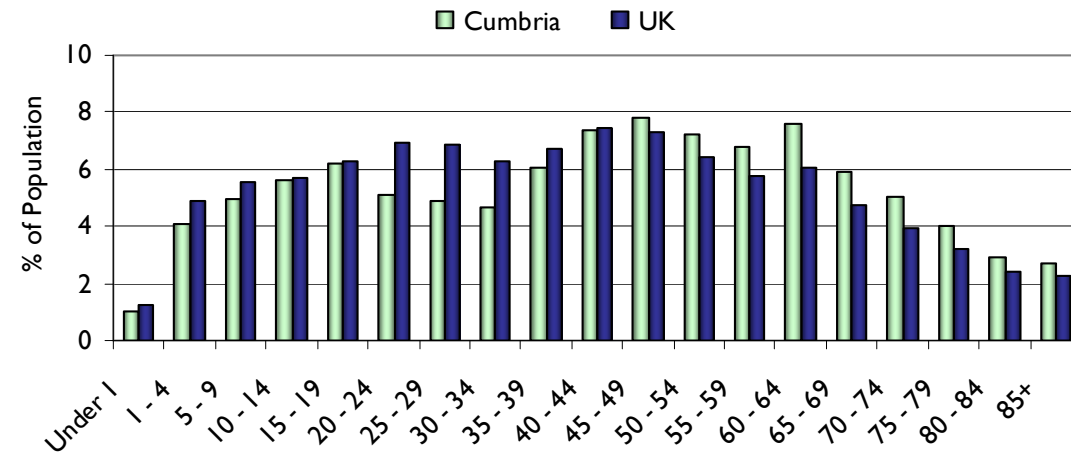
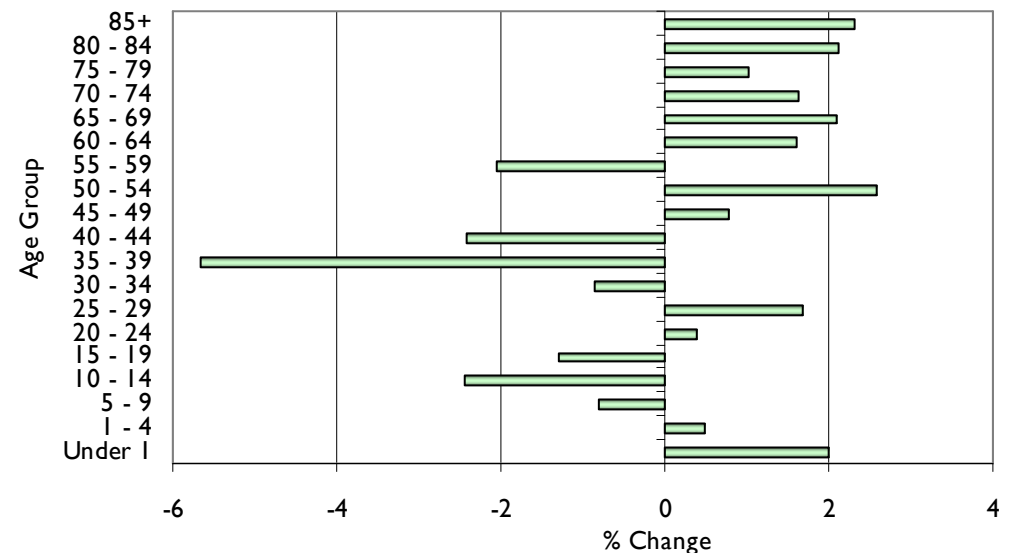


Mid-2010 Population: 494,400

Mid-2010 Population Estimates by Age Group:
Office for National Statistics (ONS)



Population Change 2009-10 - Cumbria



	Population			Numerical Change		% Change	
	2001	2009	2010	2001-10	2009-10	2001-10	2009-10
Total	487,800	495,000	494,400	6,600	-600	1.4	-0.1
Under 1	4,700	5,000	5,100	400	100	8.5	2.0
1 - 4	20,500	20,000	20,100	-400	100	-2.0	0.5
5 - 9	29,200	24,800	24,600	-4,600	-200	-15.8	-0.8
10 - 14	31,100	28,600	27,900	-3,200	-700	-10.3	-2.4
15 - 19	28,500	31,200	30,800	2,300	-400	8.1	-1.3
20 - 24	22,400	25,300	25,400	3,000	100	13.4	0.4
25 - 29	26,500	23,800	24,200	-2,300	400	-8.7	1.7
30 - 34	33,600	23,300	23,100	-10,500	-200	-31.3	-0.9
35 - 39	36,600	31,800	30,000	-6,600	-1,800	-18.0	-5.7
40 - 44	35,500	37,300	36,400	900	-900	2.5	-2.4
45 - 49	32,500	38,200	38,500	6,000	300	18.5	0.8
50 - 54	37,200	34,800	35,700	-1,500	900	-4.0	2.6
55 - 59	31,600	34,300	33,600	2,000	-700	6.3	-2.0
60 - 64	28,200	37,000	37,600	9,400	600	33.3	1.6
65 - 69	25,300	28,600	29,200	3,900	600	15.4	2.1
70 - 74	22,600	24,400	24,800	2,200	400	9.7	1.6
75 - 79	18,400	19,600	19,800	1,400	200	7.6	1.0
80 - 84	12,800	14,100	14,400	1,600	300	12.5	2.1
85+	10,500	13,000	13,300	2,800	300	26.7	2.3

Note: Figures may not sum due to rounding

In Mid-2010 the total population of Cumbria was estimated to be 494,400.

Since 2001, the population of Cumbria has increased by 6,600 people (+1.4%).

However, in the most recent year, 2009-10, the population of Cumbria decreased by 600 people (-0.1%).

Since 2001, the greatest percentage increase by age group occurred in the 60-64 age group (+33.3%), while the greatest percentage decrease occurred in the 30-34 age group (-31.3%);

Between 2009 and 2010, the greatest percentage increase occurred in the 50-54 age group (+2.6%), while the greatest percentage decrease occurred in the 35-39 age group (-5.7%).

When compared to the UK, Cumbria has lower proportions of children and younger adults (aged 0-44 years). This trend is particularly pronounced in relation to young adults in their twenties and early thirties.

Inversely, Cumbria has higher proportions of middle-aged and older adults (aged 45-85+).